



# The Classical Times

Volume 1 Issue 10 May 2025

Classical Martial Arts of Long Island , 222 Bethpage-Sweet Hollow Road, Old Bethpage, NY 11804

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## Competition Season

On April 26<sup>th</sup>, we competed in the first of the **American Sport Jujitsu League's** tournaments, the **AKT Sport Jujitsu Classic** in Olean, NY. We did great. Sempai Darren took first in Sport Jujitsu Fighting, first in Submission Grappling, and second in Self Defense. Sempai Kevin took first in Sport Jujitsu Fighting and second in Self Defense. Sempai Nayib also took first in Sport Jujitsu Fighting and second in Self Defense. Sempai Julianna took third in Grappling and first in Self Defense. And Sempai Grace took third in Sport Jujitsu Fighting, second in Grappling and first

in Self Defense. Additionally, Sempai Grace received the **Tony Maynard AKT Sport Jujitsu Award** for being the best Sport Jujitsu Competitor in the judges opinion at the event. It was a great showing for the team!

Coming up next on **June 1<sup>st</sup>** is the **NY Tournament League's East Coast Summer Open**. We already have more than ten competitors registered and we are excited to see more go in to test themselves.

**Speak to Sensei Steve** to register for this great tournament and start on the path to victory!

## Hanshi Andrew Rekunov Karate Seminars

**Hanshi Andrew Rekunov** from the **World Karate Association Soshinkan** will visit us at the end of May. He is coming to test our students who have fought full contact to see if they can qualify for the **Soshinkan Karate Team USA** and go to Germany in October to fight in the **World Championships**.

He will also be doing **seminars on Saturday May 31**. There are five different sessions that day. They are divided by age and ability level. Please follow the link or scan the QR code below

to learn more and register.  
This is a rare event to learn  
from an internationally  
recognized expert.

***Don't miss it!!***

[https://sparkpages.io/?i=S  
Wvb](https://sparkpages.io/?i=S_Wvb)



### **Sai Certification Course**

The special training course  
on the use of the Sai taught  
by **Sensei Mike Carmiche**,  
who is one of Sensei Steve's  
teachers will have its second  
session on Thursday night  
May 8 at 7:30pm.

It's not too late to join. This  
course is online and will be  
available as a live broadcast  
for the five sessions. Each  
session will be recorded so  
that students can review.  
We will be at the Dojo for  
each class and participate  
together so we can help  
refine technique. Successful  
completion of the five  
classes along with a test of  
the material will allow the  
student to receive a  
Certificate in Sai Jitsu.  
Follow the QR code to  
register or speak to Sensei  
Steve.



### **Spring Member Drive**

We are building up our team!  
Please invite friends and  
family members to join us on  
the mat. Everyone you invite  
gets **TWO FREE WEEKS** of  
training. If your guest  
becomes a regular member,  
you get a special thank you  
prize! **Let's build the best  
team ever!**

### **Mother's Day Workout**

On Saturday May 10<sup>th</sup>, we  
will have our annual Mother's  
Day Workout. Please bring  
Mom to class and have a fun  
time with her on the mat!  
Fun, games and prizes for  
Moms!