



The Classical Times

Volume 1 Issue 3 October 2024

Classical Martial Arts of Long Island , 222 Bethpage-Sweet Hollow Road, Old Bethpage, NY 11804

www.classicalma.com

516-507-8421

In October Good Guys Wear Pink in support of Breast Cancer Awareness Month!

This month we have a special program called **Good Guys Wear Pink**. We are raising money to support breast cancer research and patient support. If you raise **\$20 or more**, you will receive a **PINK BELT** or **PINK SASH**. The students who raise the most money for this cause will also receive **SPECIAL PRIZES**. There is a **QR CODE** on the back of the Newsletter if you'd like to donate online. Let's work together to support this worthy cause!

World Judo Day

World Judo Day is officially on October 28th in honor of the founder of Judo, **Jigoro Kano Sensei's birthday**. We will have a special program that Monday

night, so **ALL** students are invited to attend the **5:30pm kids' class**, or the **6:30pm adult class**. We will be celebrating this year's international theme of "**Well Being**" with special methods from the Judo tradition for health, self-defense, and sport. Participants will receive an official **World Judo Day Certificate**. Don't miss it!!

Fall Member Drive

Fall is here! Come try class for **TWO WEEKS FREE** and then mention the secret code **FALL MEMBER SPECIAL** and receive a discount of **\$100 off** your new membership. We have classes for every age and interest. Our youngest member is just 4 years old, and our oldest one is 72 years old. From competitive classes, self-defense classes, breathing classes, to meditative Taichi classes, we have something for

everyone. Come in and see how great you can feel.

Halloween Party

On **October 26th** we will have our annual **Halloween Party** from **6:30 - 9:00pm**. Come in costume and partake in our games, costume contest, and scary dance battle. Snacks and trick-or-treat candies galore! Feel free to **invite your friends** and get a prize for yourself and your friend!
No fee, just fun!

Open Mat

There is **Open Mat Practice** every **Saturday from 12:00-2:00pm**. Also there is **Open Mat** on **Monday October 14th** from **2:00-4:00pm** since schools are closed for Columbus Day. Come on in and refine your technique or get ready for the Rank Test!!

Competition Season

September 15th, we attended the **Nationals**, one of the premier tournaments in the **NY Tournament League** and did great. All 21 of our players took trophies and medals. Now we have three tournaments on the horizon.

On **October 27th** the **International Judo Center** has it's **Fall Cup**. We are fielding Judo players to chase victory.

Then on **November 9th** is the **International Federation of Karate's Full Contact Kyokushin Tournament**. We have five players training now for this prestigious event.

Right after that is the **NY State Martial Arts Championships** on **November 10th** which will complete this year's **NY Tournament League**.

We have our sights set on trophies and medals in all divisions, self-defense, forms, weapons demonstrations, and sparring. Talk to Sensei Steve about being part of the competitive team!

Summer Camp

The new schedule for **Summer 2025** is already decided - **July 28 to August 1 and August 4 to August 8**. Discounts are available for early registration by **November 1st**. The camp is limited to 24 members so act early to not miss out!



Good Guys Wear Pink Breast Cancer Donation Program



Please scan the QR Code if you'd like to donate online, visit our website, or call 516-507-8421 to speak to Sensei Steve.

Summer Camp July 28 to August 1 and August 4 to August 8



Check out our website for more information or scan the QR Code below. No prior experience is necessary. Discounts available for early registration. Get ready for the best summer ever!